



Garden Valley Teachers' Association

The Apple Core

April 2020

Upcoming Events

PD Committee Mtg – 1:30m, Monday, April 20th

MTS Presidents' Council – Saturday, April 25th

Collective Bargaining Committee – 3:30pm, Tuesday, April 28th

GVTA Membership Survey Closes – Friday, April 30th

May GVTA Executive Mtg – 3:30pm, Tuesday, May 5th

PLCs – afternoon of Wednesday, May 6th (unless otherwise announced)

Mother's Day – Sunday, May 10th

GVSD Board Mtg – 8pm, Tuesday, May 12th

Workplace Safety & Health Inspections – On and around the afternoon of Thursday, May 14th

GVTA Executive Nomination Deadline for 2020/21 – Noon, Friday, May 15th

Victoria Day (No School) – Monday, May 18th

May Apple Core published – Tuesday, May 19th

MTS Spring Council – Wednesday, May 20th - Saturday, May 23rd

Workplace Safety & Health High School Sub-Committee Mtg – 1pm, Tuesday, May 26th

GVTA Annual General Meeting – 4pm, Tuesday, May 26th

Workplace Safety & Health Committee Mtg – 1pm, Wednesday, May 27th

Greetings, GVTA-ers;

Rest assured, during these interesting times both MTS and GVTA are continuing to work on your behalf. As you read through the rest of the issue, you will see news and updates about adjustments we are making and supports we are providing.

In part, we have a membership survey going out this week; 2020-21 budget and election planning is taking place; collective bargaining and professional development committees are continuing their planning for this year and next; our GVTA Scholarship committee has revised our application for this year's graduates; and more.

Should you have any questions or concerns throughout the coming days and weeks, please reach out. While your MTS and GVTA representatives are working from home, the good work is definitely on-going.

In Solidarity,

Joel

204-384-5635 (call or text), and now also available by TEAMS, FaceTime, WhatsApp, Skype, Zoom, and more!

SAVE THE DATE - AGM:

Our 2020 GVTA Annual General Meeting will be held on **Tuesday, May 26th at 4pm**. Please check the **May Apple Core for the agenda**, the 2020-21 proposed budget, the 2020-21 slate of candidates, and for information on how to attend the on-line meeting. There are **\$300 worth of prizes** available to attendees.

March GVTA President – GVSD Superintendent Meeting

At their March meetings, in addition to the pending school closures topics discussed include observers at GVSD Board Meetings, communication with Substitute Teachers regarding closures, and the possibility of a joint supper with GVTA and the GVSD board.

LifeSpeak Wellness Platform & COVID-19

The LifeSpeak Wellness Platform, available through the MTS Member's Portal or the LifeSpeak App (in the Apple App Store and on Google Play), has several articles on coping with the COVID-19 pandemic. Please check the site/app for the following articles under the COVID-19 link:

- What you need to know now about COVID-19 (Mar 3)
- Everything you need to know about COVID-19 right now (Apr 6)
- Social distancing: what it means and how you can manage it in day-to-day life
- How parents can stay connected as a couple during COVID-19
- How to feed your family (and yourself) in self-isolation
- How to help your kids listen during COVID isolation
- How to manage anxiety during the COVID-19 outbreak
- Managing addiction during the COVID-19 crisis
- Managing your money during a global pandemic
- How to make working remotely a success – for managers and employees
- A health care worker's experience on the front lines fighting COVID-19
- Your loved one has lost their job. Now what?
- Choosing happiness

GVTA Notice of Motion

The According to our bylaws, we are to give members notice before the Executive votes on Policy changes. A vote on the following policy change will take place at the May Executive meeting:

From: C.1 Scholarships and Awards: Education scholarships. Scholarships may be announced at the respective graduation ceremonies of each high school. A \$1500 scholarship is awarded to one graduate entering Education or training for the purpose of entering into a Faculty of Education. The PR Chair coordinates the application process, while the president is the contact for the winners.

To: C.1 Scholarships and Awards: Education scholarships. Scholarships may be announced at the respective graduation ceremonies of each high school. A \$1500 scholarship is awarded to one graduate entering Education **or training for the purpose of entering into a Faculty of Education, or the clinical fields of psychology, speech-language pathology, or social work with the purpose of working within the K-12 education system**". The PR Chair coordinates the application process, while the president is the contact for the winners.

Questions about the Notice of Motion can be directed to gvtapresident@gmail.com.

Garden Valley Teachers' Association members work on the traditional lands of the Anishinaabe, and the homeland of the Métis nation. GVTA respects the Treaties that were made on this territory.

GVTA moving Online

Holding in-person meetings is generally inconsistent with the declaration of a province-wide state of emergency under The Emergency Measures Act by the Manitoba government regarding COVID-19, and related orders issued by the chief provincial public health officer under The Public Health Act, including the limitation on gatherings of more than 10 people. In consultation with legal counsel, MTS has approved a temporary suspension of all local bylaw and constitutional requirements that pertain to in-person meetings.

- Meetings or business of the Local Executive, Council or Committees which is required shall be conducted through means that respect social distancing as determined by the Local Executive, including via telephone, electronic meetings, conducting business by email, etc.
- Locals are directed to hold AGMs through electronic means.
- Local elections shall be conducted through electronic means.
- Waive the requirements where a Local's Constitution, Bylaws and Policies permit nominations for positions from the floor of an in-person AGM/AGA meeting (nominations for GVTA's 2020-21 need to be into James Driedger by Noon on Friday, May 15, 2020)
- Locals are directed to hold votes on the Local's budget and membership fees electronically

GVTA will continue to endeavor to conduct business in a manner that is consistent with democratic, transparent, and accountable principles during COVID-19 restrictions and advisories.

MTS Facilitator Applications

Applications continue to be accepted by MTS for both the Teacher-Led Learning Team and the Collaborative Learning Facilitator Team. If you're interested in augmenting your practice in a new, collaborative and enriching way, check the links for more info. Note that the deadline for both programs has been extended to May 1, 2020.

TLLT: http://www.mbteach.org/pdfs/pd/TLLT_RecruitmentProcess.pdf

CL Facilitator Teams: http://www.mbteach.org/pdfs/pd/clt/CLFT_RecruitmentProcess.pdf

Manitoba Government Budget 2020 – MTS Response

“The Pallister government tabled its annual budget on March 19th. In addition to other announced tax cut measures, Budget 2020 calls for another cut to the PST from 7% to 6%, representing approximately \$326 million in forgone revenue per year (unadjusted for inflation and growth). This comes on the heels of Budget 2019, which implemented a cut to the PST from 8% to 7%, representing, in turn, approximately \$325 million in forgone revenue per year (unadjusted for inflation and growth). In the midst of an unprecedented economic downturn brought on by the coronavirus pandemic, the Pallister government is voluntarily forgoing over \$650 million per year (unadjusted for inflation and growth) in retail sales tax revenue. The Pallister government is leaving money on the table at a time when Manitobans will rely on critical public services more than ever. That money can also be used to sufficiently fund the growing needs of our public education system. Although the Province has posted a deficit of \$220 million for the 2020/21 fiscal year, it is estimating that the deficit impact related to COVID-19 could be anywhere between \$160 million and \$682 million, depending on the severity of the economic downturn. If the Pallister government had not cut its retail sales tax by two points over the last two years, it could have easily balanced its budget in the 2019/20 fiscal year, and it would be able to weather the COVID-19 storm while still investing in critical public services, including public education. It is

worth mentioning that, based on Canadian public sector accounting standards, the Provincial Auditor also concluded that the Province of Manitoba should have posted a modest surplus in the 2018/19 fiscal year.”

GVTA Member Survey

GVTA will be sending out a link for its 2020 GVTA Annual Membership Survey the week of **April 18th**. **6 prizes of \$10 each** are available to be won. Please watch your e-mail for a link directing you to the survey. Please take a few minutes to help us serve you better.

Arbitration Board Issues LRTA Award

By Mike

The Louis Riel arbitration board recently issued a unanimous award to the Louis Riel Teachers' Association. The outcome of the award is as follows:

- Effective period: 2 years, July 1, 2018 through to June 30, 2020.
- Salaries and allowances: 1.6 per cent effective July 1, 2018 and 1.4 per cent effective July 1, 2019.
- Restrictions on the use of term contracts inserted into the Collective Agreement; can only be used to (1) replace teachers on approved leave or (2) to replace teachers who terminate employment during the school year due to unforeseen circumstances or (3) to supplement classroom resources for a period of less than three (3) months.
- Administration of the PPDF transferred from LRSD to LRTA effective June 30, 2020.
- Minor change to sick leave article; specifically, if possible, teachers are now expected to make reasonable efforts to schedule medical appointments outside school hours. If not possible, they will still be able to access sick leave to attend the medical appointment, but should make reasonable efforts to minimize their time away from school.

MTS and LRTA are reviewing the decision with a view to determining its implications for the next round of bargaining between the parties.

Read the full LRSD-LRTA award by clicking the link below:

http://www.mbteach.org/pdfs/news/LRTA_InterestAwardApril_2020.pdf

Virus pushes release of education review report to back burner

By: Winnipeg Free Press, March 18, 2020

The province is postponing the release of the highly anticipated review of the public education system as government officials place priority on Manitoba's COVID-19 response.

"There are many excellent recommendations in the K-12 commission report but even excellent recommendations are difficult to implement in uncertain times," Education Minister Kelvin Goertzen wrote in a tweet Wednesday.

"That is why we will not be implementing significant changes recommended in the report until at least summer of 2021."

Goertzen's office received the report last month. It was expected to be made public before the end of March. It's unclear how long the province is putting the results on hold.

School staff, students and families have been awaiting the report — which the province has said will transform Manitoba's school system — since it was first announced in January 2019. It was then Goertzen appointed a nine-member commission to undertake a comprehensive look at education in Manitoba.

Former Progressive Conservative education minister Clayton Manness was appointed to co-chair the team and education adviser Avis Glaze was named lead consultant.

Glaze recently authored a controversial report for the Nova Scotia government in which she recommended sweeping changes to school board governance structures.

In anticipation of Manitoba's review, educators and trustees have expressed concern about what the results will mean for their futures.

Manitoba Teachers' Society president James Bedford said stress levels have increased as educators scramble to plan alternative lessons because of the impending school closures next week.

Bedford, who represents 16,000 public-school teachers, said he was relieved to hear the latest news from the minister during a phone call Wednesday morning.

"It's not the right time to be dealing with changes to Manitoba's public education system when we're in the midst of a health crisis in the province, and one that directly impacts educators. It directly impacts everybody in the province," he said.

"The Free Press has made this story available free of charge so everyone can access trusted information on the coronavirus.

We thank our subscribers for their support, which allows us to provide this service. ©2020 FP Newspaper Inc. "

Virus CERB expands eligibility | 15-04-2020

By: mbteach.org

The federal government is expanding the Canada Emergency Response Benefit (CERB) to better support those in need who did not qualify under the current rules.

To help more Canadians benefit from the CERB, the government will be changing the eligibility rules to:

- Allow people to earn up to \$1,000 per month while collecting the CERB.
- Extend the CERB to seasonal workers who have exhausted their EI regular benefits and are unable to undertake their usual seasonal work as a result of the COVID-19 outbreak.
- Extend the CERB to workers who recently exhausted their EI regular benefits and are unable to find a job or return to work because of COVID-19.

These changes will be retroactive to March 15, 2020. More details will be posted on the portal shortly.

Teachers not part of layoffs | 14-04-2020

Teachers will not be affected by the Manitoba government's proposed reduced work week for public sector workers.

At a meeting of public sector unions and government officials, it was confirmed that teachers along with child care workers and a number of other essential workers and services are not included in this plan.

The government proposed the temporary shortened work week in an attempt to minimize layoffs and lessen spending on non-essential resources, so that more resources can be redirected to frontline health care services.

The Teacher April-May 2020 Online Edition

With schools closed for the foreseeable future the Society has gone online with its main publication, The Manitoba Teacher. The June issue will also likely be online.

This special edition includes both extensive coverage of the current crisis and how many teachers are managing as well as other issues overshadowed by the coronavirus.

You can find the April-May Teacher here

List of Read Aloud Canadian Books Publishers & Authors

<https://www.accesscopyright.ca/read-aloud/list-of-read-aloud-canadian-books-publishers-authors/>

Through the Read Aloud Canadian Books Program, educators and librarians can read all or part of the books listed above from participating publishers and post the video recording online.

With school closings and the shift to online (learning/classrooms), we want to help ensure educators and librarians can confidently bring Canadian stories and literature to students during this challenging time. Many Canadian publishers have received requests from educators and librarians wishing to be able to read part of or all of a book to students who are now at home and share a video of the reading for “online story-time”. To support these educators and librarians, Access Copyright’s participating publishers have generously waived licence fees for the works listed below to be read online to students in North America for non-commercial purposes only. We ask that you follow these guidelines when doing so:

- At the beginning of the reading, please credit the author, illustrator and publisher. State that you are presenting your reading “with permission from Access Copyright on behalf of the Publisher”. Separate permission from the Publisher is not required.
- Post your reading through your school’s password-protected platform or within a closed group or password-protected platform. If this is not possible, uploading to YouTube is permitted if videos are marked “Unlisted.”
- Delete your reading or, if your platform does not permit deletion, disable access to the reading by no later than June 30, 2020. We will assess the need to extend this licence on that date.
- The reading may not be retained as an archive or saved beyond June 30, 2020.
- By posting a reading, you agree to abide by the above terms.

Please note that Access Copyright will continuously update the list of available works as publishers opt-in to the Read Aloud Canadian Books Program.

Thank you for all the work you do. Please tag Access Copyright (@AccessCopyright) and the Association of Canadian Publishers (@CdnPublishers) in any Instagram, Twitter or Facebook posts affiliated with your readings so we can see your efforts in action.

If you have any questions, please email Access Copyright at affiliates@accesscopyright.ca.

Below is the current list of publishers and authors participating in the Read Aloud Canadian Books Program. Click on each publisher or author to see the in-print works that they have offered to license under the program.

- Annick Press
- ARP Books
- Arsenal Pulp Press
- At Bay Press
- Bouton d'Or Acadie
- Breakwater Books
- BWL Publishing
- Chouette Publishing
- Cormorant Books
- Crabtree Books
- Dundurn Press
- Greystone Kids
- Greenwood Books
- Illumination Arts
- INhabit Education Books
- Inhabit Media
- James Lorimer & Company Ltd.
- La Plume Press
- Linda Leith Publishing
- New World Publishing
- Nimbus Publishing
- Orca Book Publishers
- Owlkids Books
- Pajama Press
- Portage & Main Press
- Rebel Mountain Press
- Running the Goat, Books & Broadsides
- Superior Shores Press
- Twin Kids Media, Inc.
- Wordwrights Canada
- Gord Hume
- Susan Ioannou
- Minaz Jantz
- Lee Kvern
- Alan Lehmann
- Susan McMaster
- Sally Meadows
- George Mercer
- Sheila Murray Nellis
- Marion Mutala
- Jon Peirce
- Kati Re kai
- Anne Renaud
- Denise Rogers
- John C. Smith
- Ted Staunton
- Elizabet Stevens
- Cheryl Kaye Tardif
- Margie Taylor
- Kelly Watt
- Helen Wilkes
- Sarah Yates
- Aaron Zerah

Authors

- Caroline Adderson
- Paul Aird
- Kathy Birt
- Cheryl Bristow
- Sharon Clark
- Karen Cote
- Charis Cotter
- Don Donderi
- Penny Draper
- Lee Edward Fodi
- Kevin Frank
- Kathleen Gauer
- Don Gayton
- Lyn Hancock

Youth and COVID-19

The suspension of classes in all Manitoba schools has meant even more disruption in the lives of families over the last several weeks. This is a challenging time for many families. To help ease the burden of coming up with ideas to engage your kids and teens during this pandemic, we offer the following resources and activities:

Norm the Safety Contest - SAFE Work Manitoba invites students in Grades 9-12 to tap into their superhero creativity and create projects that show young Manitobans how to Make Safety the Norm. First place wins \$2,500! Contest closes May 1, 2020.

Farm Safety Drawing Contest - We're looking for kids between the ages of 6 to 12 from across the province to draw us their interpretation of one of four safety topics...and in return, we're offering them a chance to win an iPad! Contest closes May 15, 2020.

Young Worker Readiness Certificate Course - Increase your awareness and understanding of what constitutes

a safe, healthy, productive and respectful workplace. Young workers: Complete this online, job-readiness course prior to working. Youth aged 13 to 15 are required to take this course before they start working.

We also have a variety of resources specifically designed for young workers, employers/supervisors, family and educators to help keep young workers safe on the job. Visit our Young Worker toolkit to learn more.



TEACHERS' RETIREMENT ALLOWANCES FUND

April 9, 2020

A message to our members:

Dear members,

While the COVID-19 pandemic continues to affect all facets of life around the world, we are working diligently to ensure that our staff stays safe and healthy and that your pension plan remains as unaffected as possible. I have set out below some commentary on the current situation. We appreciate your continued patience and understanding as we deal with these unique circumstances.

Operations

From an operational standpoint, we have implemented various changes in accordance with guidelines issued by health administrations and government leaders. Our office at The Forks is temporarily closed to the public and we are no longer taking in-person appointments; most of our staff are working remotely; and the few of us who are working in the office are practicing social distancing and good hand hygiene.

These changes to our workplace will not impact the payment of pensions. We also remain available to meet your needs through other means such as phone appointments, email and Online Services.

Market volatility

A few members have contacted me with questions about the market volatility and how it might affect their pension. This is a reasonable concern. However, as members of a defined benefit pension plan like TRAF, your pension is calculated using a formula based on your salary and years of service and is not directly impacted by market returns. In my opinion, you should not be concerned over the security of your pension.

TRAF's investment portfolio is highly diversified and only holds about 40% in public stocks. The balance of the portfolio is made up of bonds, real estate and other assets. We also have an extremely long investment horizon – essentially, forever. These two factors position us well to ride out periods of extreme market volatility.

While these are difficult times, the world has experienced similar market shocks in recent history, such as the dot-com bubble, 9/11 and the global financial crisis. COVID-19 has certainly earned its place on that list. However, while these events are challenging and uncertain, the stock market has historically always recovered to a higher level than before the crisis.

330 - 25 Forks Market Road, Winnipeg MB R3C 4S8

Phone: 204-949-0048 Toll-free: 800-782-0714 Fax: 204-944-0361

Website: traf.mb.ca Email: info@traf.mb.ca



TEACHERS' RETIREMENT ALLOWANCES FUND

The importance of registering for Online Services

We have implemented a policy change to make it easier for you to share documents with us electronically. Previously, we required original or certified copies of pension applications and certain supporting documents. Until further notice, we will accept scanned or photographed versions of these documents through our secure Online Services platform.

You must be registered for Online Services to share documents with us. In fact, I encourage all members – regardless of what stage of your career you are in – to register for Online Services. It is more important than ever that you keep your contact information up-to-date and that you also review the personal information your account gives you access to. If you haven't already, please take a few minutes to register today.

Contact us

Our staff remain available to answer your questions by phone and email. Please do not hesitate to contact us. We look forward to assisting you.

In the meantime, stay safe.

Sincerely,

A handwritten signature in black ink, appearing to read 'Jeff Norton', is positioned above the printed name.

Jeff Norton

330 - 25 Forks Market Road, Winnipeg MB R3C 4S8

Phone: 204-949-0048 Toll-free: 800-782-0714 Fax: 204-944-0361

Website: traf.mb.ca Email: info@traf.mb.ca

Self-Care and Resilience

When life gets busy and our sense of well-being and balance is affected, we often forget to take care of ourselves or we look for quick fixes or solutions to problems. Building self-care into your daily or weekly routine can greatly improve resilience and prevent burnout.

Create a self-care and resilience plan: Use this worksheet to map out how and when to use these self-care practices and resilience building strategies. Identify what you need support with and find people and resources that can support you. Take time to discover these supports now so they will be easier to access when you actually need them.

Put a checkmark next to the items that you think might be helpful and that you are willing to try. Pick some key ones for you – many strategies may look interesting but focus on those you feel you will have time to work on and incorporate them into your daily or weekly routines:

- Write in a journal
- Volunteer for a cause meaningful to you
- Make a gratitude list
- Take a fresh air break
- Meditate or listen to guided visualization
- Cuddle with pets
- Treat yourself to a nice meal
- Take a nap
- Listen to music
- Practice yoga
- Lay in the grass
- Photography
- Read a good book
- Write a blog
- Spend time outdoors, if possible
- Go for a drive
- Exercise
- Join an online social club
- Nutrition – increase healthy food choices
- Turn off electronic devices
- Have a movie marathon
- Play a game
- Dance
- Wear something that makes you feel confident
- Join an online support group
- Have a virtual game night with friends
- Work in the garden
- Get creative: draw, paint, write a song, or cook a new meal
- Try a new hobby
- Have an adventure day
- Creative arts
- Spend time with your children – read to them, listen to their laughter, play with them, etc.
- Create a poster with images of a positive vision
- Listen to enjoyable podcasts or videos

Source: Adapted from Self-care starter kit, Homewood Health

Next Step: On the next page, list your top 3 items and plan when, how and who can support you.



My Self-Care and Resilience Plan

My top 3 Self-Care Strategies or Resources	When will you do this? How? Who or What can support you?
1.	
2.	
3.	

Make a commitment to yourself to practice your self-care routine as often as you can.



Mental Health Resources

National, Provincial and Territorial Crisis lines:

National Crisis Hotlines

[Kids Help Phone](#)

1-800-668-6868

[Crisis Services Canada](#)

1-833-456-4566 or text 45645

[First Nations and Inuit Hope for Wellness Help Line](#)

1-855-242-3310

[Canada Drug Rehab Addiction Services Directory](#)

1-877-746-1963

[National Eating Disorder Information Centre](#)

1-866-633-4220

National Resources for Information about Mental Illness

[Bell Let's Talk](#)

[Canadian Association for Suicide Prevention](#) (not a crisis line)

613-702-4446

[Canadian Mental Health Association](#)

416-646-5557

[Canadian Psychological Association](#)

1-888-472-0657

[Mood Disorders Society of Canada](#)

613-921-5565

[Schizophrenia Society of Canada](#)

1-800-263-5545

[Mental Health Commission](#)

613-683-3755



Manitoba Crisis Hotlines

[Manitoba Suicide Prevention Line](#)

["Reason to Live"](#)

1-877-435-7170

[Klinic Crisis Line](#)

1-888-322-3019

[Manitoba Sexual Assault Crisis Line](#)

1-888-292-7565

Manitoba Resources

[Canadian Mental Health](#)

[Association - Manitoba Division](#)

204-982-6100

[Klinic Community Health](#)

204-784-4090

[Mental Health Education Resource](#)

[Centre of Manitoba](#)

1-855-942-6568

[Manitoba Psychological Society -](#)

Find a Psychologist

204-488-7398

Yukon Crisis Hotlines

[Yukon Crisis Line](#)

403-668-9111

Yukon Resources

[Yukon Health and Social Services](#)

1-866-456-3838

[Mood Disorders Society of Canada](#)

[- Yukon Division](#)

1-867-667-8346

[Canadian Mental Health](#)

[Association - Yukon](#)

1-867-668-6429

Northwest Territories Crisis Hotlines

[Northwest Territories Help Line](#)

1-800-661-0844

Northwest Territories Resources

[Department of Health and Social Services](#)

1-867-767-9061

Nunavut Crisis Hotlines

[Nunavut Kamatsiaqtut Help Line](#)

1-800-265-3333

Ontario Crisis Hotlines

[Ontario Mental Health Helpline](#)

1-866-531-2600

[Good2Talk](#)

1-866-925-5454



Additional reading:

Coping with Stress: World Health Organization

[WHO Coping with stress during COVID-19](#)

[WHO helping children cope with stress during COVID-19](#)

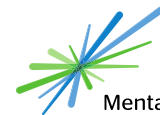
Wellbeing and Working Remotely:

How to Work from Home if You Have Never Done it Before:

<https://www.nytimes.com/2020/03/12/smarter-living/how-to-work-from-home-if-youve-never-done-it-before.html>

Coronavirus and your Wellbeing:

<https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/#collapseca1d7>



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Contact us: [**mhfa@mentalhealthcommission.ca**](mailto:mhfa@mentalhealthcommission.ca)

Visit: [**www.mhfa.ca/en**](http://www.mhfa.ca/en)

Follow us: [!\[\]\(274fd520e03b61c1b9ffc861754cacdc_img.jpg\) /MHFA.Canada](#)
[!\[\]\(cd41623988aee99b5b915fa19a633d9e_img.jpg\) /MHFA_PSSMCanada](#)

To all members,

Despite the very real challenges we face, I sincerely hope that each of you has had a safe and restful spring break. It will most certainly have been difficult to turn off work and recharge your batteries given this unprecedented time. It has never been more important, however, to do just that. We need to find ways to shift gears, rest and eat well, get out for a walk, and connect—even if remotely—with family and friends. We must make these healthy habits a part of our daily lives. We now know that classes are suspended for the remainder of the school year, so we're in this for the long(ish) haul. Make taking care of yourself a priority!

In the News

You may have noticed the volume of MTS-related media coverage over the past two weeks. Our president, James Bedford, is taking every opportunity to appear on news and radio broadcasts and to conduct print interviews. There has also been a stream of news stories highlighting the extraordinary measures Manitoba teachers are taking to remain connected with students. Everything from TikTok videos to Zoom to YouTube tutorials are being shared all over the province. Teachers are indeed a FORCE!

Check out the [Home Work page](#) on the MTS website for stories of how our members' ingenuity is creating dynamic learning opportunities for students. And if you or a colleague is doing something innovative, let us know! The MTS communications team will follow up. Finally, be sure to check the [COVID-19 page](#) on the website and the updated [FAQ's](#) for teachers. These are both revised regularly.

Social Media

MTS posts frequently on its Facebook, Twitter and Instagram feeds. Be sure to connect with us on these platforms to stay up to speed on breaking news and lighthearted stories, too.

Answering Kids' Questions about COVID-19

You may have seen MTS' Facebook post promoting a special event this week for teachers, kids and families: *Kids and COVID-19*. The Manitoba School Boards Association (MSBA) and the Manitoba Association of School Superintendents (MASS) have joined forces to connect students with experts on COVID-19. Hosted by local radio personality Ace Burpee, panelists Lanette Siragusa, Chief Nursing Officer with Manitoba Shared Health, and Dr. William Li will be on hand to take kids' questions. The event takes place on Thursday, April 2, 2020 at 11:00. Missed the original broadcast? It's archived! Just click [here](#).

Working from Home

Remember that [as you continue to work and teach](#), albeit from home, *you shall continue to be paid*. Our MTS Teacher Welfare team is on the job remotely and continues to be available should you encounter personnel issues. Similarly, our Disability Benefits Plan staff are also reachable by email or telephone during regular working hours.

Internet service varies in quality and strength throughout the province, making it extraordinarily challenging for teachers in Northern and other rural communities to stay in touch with students and their families. The government assures us they are working towards distance learning solutions. We will keep you informed of developments on this front as they occur.

The province is also looking at supporting student nutrition going forward, and we expect more information coming shortly.

Teacher Led Learning Teams and Collaborative Learning Facilitator Teams

Applications continue to be accepted for both [TLLT](#) and [CL Facilitator Teams](#). If you're interested in augmenting your practice in a new, collaborative and enriching way, check the links for more info. Note that the deadline for both programs *has been extended* to May 1, 2020.

Tare care, everyone. Stay safe, stay rested, and stay in touch.



Roland Stankevicius
General Secretary, MTS

Advice to MTS Members on Working from Home

The Manitoba Teachers' Society advises members to adhere to the following principles while working from home:

- Your first responsibility is to your students, so ensure that you are fulfilling your obligations by providing meaningful learning opportunities for students to experience/ explore while learning from home.
- Continue to adhere to and maintain professional boundaries with students and parents while teaching and communicating via electronic methods. This should include communicating only during daytime hours and limiting the volume of communication to a reasonable level.
- Continue to be responsible to make an ongoing effort to improve professionally. We encourage members to incorporate professional development activities during your day such as reading professional learning materials, listening to podcasts, watching relevant pedagogical or instructional media materials or even connecting via the various electronic media with colleagues.
- Continue to conduct all of your interactions with students, peers and the public with consideration and good faith. Be mindful of your use of social media. The use of social media is widely in the public eye and this domain is subject to a wide range of perspectives and opinions. Public monitoring and commentary can create unintended consequences.
- Members should remain at home and continue to follow the advice of public health officials during this important time of the COVID-19 crisis. Please pay attention to the advice regarding social distancing and limit human interactions outside of your home. The government has taken very serious and drastic steps to suspend classes so that we can all do our part to slow the spread of COVID-19.
- Check [here](#) for regular updates on COVID-19 for MTS members.

A reminder that the Manitoba Teachers' Society [Code of Professional Practice](#) still applies while you work from home.

My thanks to all our members for their extraordinary dedication during this uncertain time. We are truly in this together.



Roland Stankevicius
General Secretary, MTS

Resilience is a Super-Power

Resilience can be defined as *advancing despite adversity*. This seems appropriate in the uncertain reality of COVID-19. Many people experience anxiety about the unknown, and the media can be both a help and a hindrance to managing stress.

Consider the following tips and links for building resilience as we advance despite this adversity:

- **Keep a positive outlook.** Focus on the good things in your life rather than worrying about things you may not be able to control. This means acknowledging your own strength, resourcefulness and abilities. This will help you avoid seeing the pandemic as an insurmountable crisis.
- **Manage what is within your control** such as [proper hand washing](#), cough and cold hygiene, and self-care.
- **Stay Informed with reliable sources** such as [Manitoba Health](#).
- **Keep calm** by surrounding yourself with people who are level-headed and not reactive. Avoid people who trigger you to ramp up your worries or reading about the pandemic before sleeping.
- **Develop realistic goals** by having a plan and focusing on specific tasks that will help you move forward. By keeping yourself busy, your mind will be occupied, having less time to dwell on worries and fears.
- **Complete something. Anything.** When we cannot control our circumstances, self-efficacy suffers. This can lead to feelings of helplessness. While you self-isolate, complete smaller projects/tasks that you can pace. Bring the feelings of mastery into your “new normal”.
- **Plan ahead.** Is there something you could work ahead on? Prepare a daily or weekly plan and chunk projects into tasks. Gather materials you will need for the next while.
- **Manage your worries.** Intense worrying about what might happen or how the situation with ill family members might get worse can trigger our body’s automatic “fight-flight” stress response. Over time, this physical response to stress takes its toll on our bodies. Consider finding effective ways of managing stress, such as:
 - **Quarantine the worry.** Create a regular half hour each day as “worry time” to identify and tackle each worry as if it were a problem to solve. When you feel yourself slipping into a worried frame of mind, try to postpone the feelings and focus instead on what is actually happening at that moment. Read this: [How to Manage Anxiety During the COVID-19 Outbreak](#).
 - **Find a quiet place each day where you can write down your worries and fears undisturbed.** Sometimes by articulating your worries, it is easier to find solutions or simply deal with them.
 - **Breathe.** Use mindful breathing techniques when you are feeling overwhelmed. Check out [Stop Breathe Think](#) or [Calm](#) or [Insight Timer](#).

- **Learn from your past.** Think back to experiences and sources of personal strength that helped you through other crisis situations. How did you respond? Who did you turn to for support? How did you overcome the situation? What did you learn that would be helpful in this situation?
- **Stay connected.** The fear of infection and the desire to protect yourself and your family from COVID-19 may mean avoiding social situations and increased isolation, but maintaining **healthy connections** is important. Use phone, social media, email, video apps, and text. Consider joining an online book club.
- **Keep physically fit.** During a pandemic, you may not be able to enjoy your usual level of physical activity; however, it's important to exercise your body, stretch out tense muscles, eat a healthy diet and get enough sleep. By taking care of yourself, you'll be better prepared to deal with situations that require resilience. Check out these **free or discounted at-home workouts**. You can also download four free classes from **Modo Yoga International**.
- **Seek help.** If intense anxiety is preventing you from performing your job or other daily activities, consider contacting support services through your extended health benefits.
- **Reach out.** Don't forget to reach out to people who are especially isolated such as the elderly or immune compromised.
- **Lean in to joy.** Whether this is with music, film, reading, art, walking, observing birds, podcasts, comedy, singing, blogging, or crafting, do these things when you have the time. Improvise. Build these into your daily routine.
- **Donate blood.** Canadian Blood Services is also in need of donations – see their website for information on **donating during COVID-19**.
- **Use Manitoba Shared Health Resources.** If you are concerned that you or a family member is sick, use the **COVID-19 Screening Tool** in order to determine if you should contact Health Links – Info Santé (204-788-8200 or toll-free at 1-888-315-9257) or seek other medical advice.

Resilience tips adapted from Lifespeak.com, MarlaGottschalk.com, WorkHealthLife.com, and Onwardthebook.com



VIRTUAL MEETING ETIQUETTE



The
Manitoba
Teachers'
Society

Consider how you can contribute to a positive, efficient, and productive virtual meeting.

TO-DO CHECKLIST



PLAN AHEAD

Check what is visible and not visible in your video display. Choose a location that is well lit, but avoid positioning yourself with a window behind you.



START ON TIME

Coming in late distracts participants and disrupts the flow of the meeting. Make sure your equipment works so that you are able to join the meeting at the start time.



MIND THE MUTE

Mute your microphone at all times other than when you are speaking. Be aware that shuffling papers, typing, coughing, eating, digital notifications, and background TV sounds can be heard by others.



AVOID DISTRACTIONS

Stop your video if you need to get up or speak with someone in your location during the session. Consider that some virtual backgrounds can be distracting to participants.



BE PRESENT

Listen actively and avoid multitasking. Virtual meetings are shorter and more intense than in-person meetings, and this requires all participants to be present and on task.



PARTICIPATE

Comment or ask questions using the agreed-upon norms of the meeting (chat function, virtual hand raise, polling, etc).



BE AWARE

Consider how facial expressions, body language, and proximity to the screen may communicate unintended messages. Non-verbal communication is still important in a virtual format.

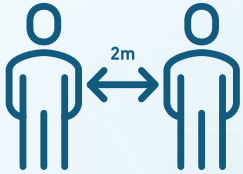


BE PURPOSEFUL AND PRODUCTIVE

Virtual meetings are tiring, so keep the time purposeful and productive. Determine what the goal will be for each meeting and be concise in your contributions.

PHYSICAL DISTANCING

Together, we can slow the spread of COVID-19 by making a conscious effort to keep a physical distance between each other. Physical distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak. With patience and cooperation, we can all do our part.



What does physical distancing mean?

This means making changes in your everyday routines in order to minimize close contact with others, including:

- ▶ avoiding crowded places and non-essential gatherings
- ▶ avoiding common greetings, such as handshakes
- ▶ limiting contact with people at higher risk (e.g. older adults and those in poor health)
- ▶ keeping a distance of at least 2 arms lengths (approximately 2 metres) from others, as much as possible



Here's how you can practise physical distancing:

- ▶ greet with a wave instead of a handshake, a kiss or a hug
- ▶ stay home as much as possible, including for meals and entertainment
- ▶ grocery shop once per week
- ▶ take public transportation during off-peak hours
- ▶ conduct virtual meetings
- ▶ host virtual playdates for your kids
- ▶ use technology to keep in touch with friends and family

If possible,

- ▶ use food delivery services or online shopping
- ▶ exercise at home or outside
- ▶ work from home



Remember to:

- ▶ wash your hands often for at least 20 seconds and avoid touching your face
- ▶ cough or sneeze into the bend of your arm
- ▶ avoid touching surfaces people touch often
- ▶ self-monitor for symptoms of COVID-19 including:
 - cough
 - fever
 - difficulty breathing

If you're concerned you may have COVID-19:

- ▶ separate yourself from others as soon as you have symptoms
- ▶ if you are outside the home when a symptom develops, go home immediately and avoid taking public transit
- ▶ stay home and follow the advice of your Public Health Authority, who may recommend isolation
- ▶ call ahead to a health care provider if you are ill and seeking medical attention

NOTE: Some people may transmit COVID-19 even though they do not show any symptoms. In situations where physical distancing is difficult to maintain, wearing a **non-medical mask or face covering** (i.e. **constructed** to completely cover the nose and mouth without gaping, and secured to the head by ties or ear loops) provides a barrier between your respiratory droplets and the people and surfaces around you. It may also stop you from touching your nose or mouth, which is another way the virus can get into your body.

The Government of Canada has implemented an Emergency Order under the *Quarantine Act*. This order means that everyone who is entering Canada by air, sea or land has to stay home for 14 days in order to limit the spread of COVID-19. The 14-day period begins on the day you enter Canada.

- ▶ If you have travelled and have no symptoms, you must **quarantine** (self-isolate)
- ▶ If you have travelled and have symptoms, you must **isolate**

FOR MORE INFORMATION:

@ canada.ca/coronavirus

1-833-784-4397



INTERESTED IN FACILITATING WORKSHOPS?

Join the Teacher-Led Learning Team (TLLT)

TLLT RECRUITMENT

The Manitoba Teachers' Society is seeking outstanding classroom teachers, principals, resource teachers, counsellors, clinicians, coaches, and consultants to design and deliver workshops. Members of the Teacher-Led Learning Team are leaders, learners, and collaborators who share a passion for professional learning. The work of the team attracts members who are reflective, energetic, collaborative, and creative: This commitment is both intense and rewarding, and team members report that the work and learning on the team enriches overall performance in their daily teaching and leadership roles.

APPLICATION COMPONENTS

1 Cover Letter of Interest including, at minimum, the following information:

- Current position;
- Reason for applying; and
- Area(s) of interest/experience

2 Current Resume including, at minimum, the following information:

- Name, MTS number, and contact information
- Teaching experience (grade levels and subjects taught);
- Leadership experience (this does not have to be in formal positions);
- Languages spoken;
- Academic credentials/Other certifications or highlights;
- Recent professional development (within the last three years); and
- School/Community/Local/MTS activities, committees, etc...

3 Two Letters of Recommendation (one of which should be from your principal/vp or superintendent), that speak to your knowledge, skills, and abilities in:

- Communication;
- Collaboration;
- Leadership;
- Facilitation skills; and/or
- Experience/expertise

OVERVIEW OF THE COMMITMENT

TLLT is a two-year appointment, renewable to a maximum of six consecutive years. Successful candidates deliver up to four workshops per year for which the Society covers leave time and associated expenses. TLLT members are required to attend training seminars and design days at McMaster House. Release time (for school days) and associated expenses are paid.

Summer Seminar:
August 25, 26, 27, 2020*

Fall Seminar:
September 25 & 26, 2020*

Winter Seminar:
November 6 & 7, 2020*

Deployment Debrief & Reflection Day:
May 1, 2021*

**DATES SUBJECT TO CHANGE.*

CRITERIA FOR TLLT CANDIDATES

MTS members who:

- have a variety of experiences and roles;
- have formal or informal leadership experience;
- are willing to travel within Manitoba for deployments;
- have demonstrated interpersonal, leadership and communication skills;
- are in good standing, actively working in the public school system;
- have interest and/or experience in the professional development of adult learners; and
- have the ability to commit to a minimum two-year term, including training & design days.

APPLICATION PROCESS

- Advise your principal and/or superintendent and your Local President that you are applying to the Teacher-Led Learning Team
- Submit your application by **April 15, 2020 @ 4:00 pm**
- Shortlisted applicants will be contacted to schedule an interview
Where possible, interviews occur at your school site at a mutually agreed-upon time
- Successful candidates will be notified by June 2020

Please send your cover letter of interest, resume, and letters of recommendation to:

Eric Sagenes
TLLT Team Leader
The Manitoba Teachers' Society
191 Harcourt Street Winnipeg, MB, R3J 3H2
esagenes@mbteach.org



The
Manitoba
Teachers'
Society



TLLT
TEACHER-LED LEARNING TEAM

Consideration is given to the appointment of people in such a manner as to reflect the diversity of Manitoba's population. We encourage all qualified individuals to apply. The Manitoba Teachers' Society understands the importance of its members' privacy and the sensitivity of personal information, and it is committed to protecting privacy in its collection, use, and distribution of personal information. Please refer to our policy online for information about how the Society manages its members' personal information and safeguards privacy: <http://www.mbteach.org/mtscms/2016/05/06/mts-privacy-policy-english/>

INTERESTED IN COACHING COLLABORATIVE LEARNING TEAMS?

Join the CL Facilitator Team (CLFT)

CLFT RECRUITMENT

Collaborative learning offers educators a powerful means to impact change when they engage in shared work to solve problems of practice, overcome challenges, and improve instruction to enhance student learning. The MTS CL Facilitator Team aims to support collaborative learning teams as they undertake action research and/or inquiry study groups, through:

- Instructional coaching
- Professional dialogue facilitation
- Support and guidance as teams move through the inquiry process

The Manitoba Teachers' Society is seeking outstanding classroom teachers, principals, resource teachers, counsellors, clinicians, coaches, and consultants representing all grade levels and subject areas from across the province to facilitate collaborative learning teams who have received an MTS grant.

APPLICATION COMPONENTS

1 Cover Letter of Interest including, at minimum, the following information:

- Current position;
- Reason for applying; and
- Area(s) of interest/experience

2 Current Resume including, at minimum, the following information:

- Name, MTS number, and contact information
- Teaching experience (grade levels and subjects taught);
- Leadership experience (this does not have to be in formal positions);
- Languages spoken;
- Academic credentials/Other certifications or highlights;
- Recent professional development (within the last three years); and
- School/Community/Association activities, committees, etc...

3 Two Letters of Recommendation (one of which should be from your principal/vp or superintendent), that speak to your knowledge, skills, and abilities in:

- Communication;
- Collaboration;
- Leadership;
- Facilitation skills; and/or
- Experience/expertise

OVERVIEW OF THE COMMITMENT

CL Team Facilitators are asked to make a two-year commitment, renewable to a maximum of six consecutive years. Successful candidates will facilitate three Collab-Lab sessions with a team each year for which the Society covers leave time and associated expenses. CL Team Facilitators are required to attend coach training seminars and Collab-Lab design days at McMaster House. Release time (for school days) and associated expenses are paid.

Summer Seminar:
August 25, 26 & 27, 2020

Fall Seminar:
September 26, 2020

Winter Seminar:
November 6, 2020 & January 9, 2021

Spring Seminar:
March 13, 2021

Deployment Debrief & Reflection Day:
May 1, 2021

CRITERIA FOR CLFT CANDIDATES

MTS members who:

- are in good standing, actively working in the public school system;
- have a variety of teaching experiences;
- have demonstrated leadership and communication skills;
- have training and/or experience in the professional development of adult learners;
- have an interest in obtaining instructional coach training and experience.
- have the ability to commit to a minimum two-year term, including training & design days; and
- are willing to travel within Manitoba for deployments.

Please note that instructional coach training or experience is an asset.

APPLICATION PROCESS

- Advise your principal and/or superintendent that you are applying to the CL Facilitator Team
- Submit your application by **April 1, 2020 @ 4:00 pm**
- Shortlisted applicants will be contacted to schedule an interview
Where possible, interviews occur at your school site at a mutually agreed-upon time
- Successful candidates will be notified by **June 2020**

Please send your cover letter of interest, resume, and letters of recommendation to:

Cheryl Chuckry
Staff Officer
Professional and French Language Services
The Manitoba Teachers' Society
191 Harcourt Street, Winnipeg, MB, R3J 3H2
cchuckry@mbteach.org



The
Manitoba
Teachers'
Society



COLLABORATIVE
— LEARNING —
FACILITATORS

Consideration is given to the appointment of people in such a manner as to reflect the diversity of Manitoba's population. We encourage all qualified individuals to apply. The Manitoba Teachers' Society understands the importance of its members' privacy and the sensitivity of personal information, and it is committed to protecting privacy in its collection, use, and distribution of personal information. Please refer to our policy online for information about how the Society manages its members' personal information and safeguards privacy: <https://www.mbteach.org/inside-mts/privacypolicies.html>

FOLLOW US ON SOCIAL MEDIA SERIOUSLY

 manitobateachers  mbteachers  mbteachers

Our teaching lives have changed dramatically over the last month. It really is a new frontier for you and your students.

Besides conventional phone calls and email, technology is a big help.

Stay on top of it all by checking mbteach.org for the latest in education and COVID-19 information.

Also, make sure our news follows you – by following us on social media. You'll find fun, inspiration and collaboration with colleagues who'd love to share with you.

So get serious about social. Share your ideas. Ask your questions. Connect with other educators. And get fast, accurate news delivered right to your phone or desktop.



**The
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From: https://docs.google.com/document/d/17XdlytiDRGFItPJDi5wEH3WKbvmp3e_0qoAp2U0EGGE/edit

If you would like to request to add a link, please email communications@accessola.com.

Online Reading Resources

Updated April 2, 2020

Thank you to Ontario Library Association member Lynn Goodwin for compiling these resources.

Public Libraries - visit your local public library online to gain access to digital books, information resources and more. Many Public Libraries offer new library or renewal of library cards online.

Author Readings/Book Readings

- ★ [Authors Everywhere](#) - YouTube channel
- ★ [Big List of Children's Authors Doing On-line Read-Alouds & Activities](#)
- ★ [CBC Books](#) - Canadian children's writers & illustrators are sharing readings of their books online
- ★ [Circle Round podcast](#) - folktales adapted for young children (includes advertising at beginning of each podcast)
- ★ [Dav Pilkey at Home](#)
- ★ [Forest of Reading Fridays](#) and [Mercre-LIT](#) - virtual author visits from the 2020 Forest of Reading title authors in English and French
- ★ [KidLitTV](#) - Read alouds
- ★ [KidLit online schedule](#)
- ★ [List of Children's Authors Doing Online Read-Alouds & Activities](#)
- ★ [Oliver Jeffers](#) - stay at home story time
- ★ [Peachtree Publishing](#) - Picture book virtual storytimes from some of Peachtree's authors, available through their Instagram.
- ★ [Read Together Be Together](#) - Penguin Random House & Parents magazine team up to provide online readings of children's books
- ★ [Read Canadian At Home](#) - Resources from Canadian Children's Book Centre
- ★ [Tundra Books Virtual Story Times and Singalongs](#)

Read-Aloud Guidelines for Teachers & Library Staff from Publishers

- ★ [Abrams](#)
- ★ [Canadian Book Publishers](#) (includes Orca, Pajama Press, Groundwood, Portage & Main, etc.)
- ★ [Crabtree](#)
- ★ [Disney Worldwide Publishing](#) (applies to Disney Press titles only)
- ★ [HarperCollins](#)
- ★ [Holiday House](#) (info is half-way down page)
- ★ [Houghton Mifflin Harcourt \(HMH\)](#)
- ★ [J.K. Rowling & Harry Potter Books](#)
- ★ [Lee & Low Books](#)
- ★ [Little Brown](#)
- ★ [Macmillan](#)
- ★ [Penguin Random House](#)
- ★ [Scholastic Canada](#)
- ★ [Simon & Schuster](#)

eBooks/eAudiobooks

- ★ [Aquila K-12 leveled French audiovisual read-aloud books](#) (Click on LOGIN, Username: aquilafrench Password: Mike845! Scroll down and click the VIEW button beside the book you want to read)
- ★ [Audible.com - Stories](#) - a mix of children's books in audiobook format
- ★ [AV2 World Languages](#) - 100 titles in 10 languages; need to provide email address, name and school name for access
- ★ [Epic! Digital Library](#) - free trial until June 30/2020
- ★ [Big Timber Media](#) - eBook collections for various grade levels
- ★ [Crabtree's Complete eLibrary](#) - eBook collection available for FREE until June 30, 2020
- ★ [Knowbuddy Resources](#) - eBook collections for K-Gr8 - fiction & non-fiction
- ★ [Lightbox](#) - Follett's Lightbox uses video, audio, and text to explore content and is ideal for student at-home use. With more than 1,000 high-interest titles in subjects such as science, language arts, and mathematics. Requires registration in order to access content.
- ★ [National Emergency Library](#) - a collection of books that supports emergency remote teaching, research activities, independent scholarship, and intellectual stimulation while universities, schools, training centers, and libraries are closed. See [their FAQs here](#).
- ★ [Scholastic Resources](#) (Literacy Place, TrueFlix, ScienceFlix, go! Grolier Online)
- ★ [Scholastic Learn at Home](#) - non-fiction eBooks accompanied with eVideos and activities

Classroom Instructional Textbooks

- ★ [McGraw-Hill](#)
- ★ [Nelson](#)
- ★ [Pearson](#)
- ★ [Wiley](#) (need to complete a request form for access)

Research/Project Sources

- ★ [GoVenture](#) (business simulations for secondary schools; scroll down past the superhero section)
- ★ [Image of the Day](#) - Each day a new image is provided to explore with questions
- ★ [PebbleGo](#) (Animals, Science, Biographies, Social Studies, Dinosaurs modules) - for K-Gr2
- ★ [PebbleGo Next](#) (Science, Social Studies, & Biographies modules) - for Gr 3-5
- ★ [Question of the Day](#) - Provided by PebbleGo
- ★ [ROM - Activities & resources](#)
- ★ [ROM - Online collections](#)
- ★ [The Google Art Project](#)
- ★ [CBC Parents](#) - printable spring scavenger hunt
- ★ [Elise Gravel page](#) - printable drawing activities
- ★ [Sesame Street Caring for Each Other](#) - Sesame Street themed games, videos and art
- ★ [TimeForKids](#) online magazine - need to register for access

Virtual Tours/Field Trips

- ★ [Boston Children's Museum - Virtual tour](#)
- ★ [The British Museum - Virtual tour](#)
- ★ [Great Wall of China - Virtual field trip](#)
- ★ [Experience Polar Bears - Virtual field trip](#)
- ★ [Explore aerospace technology - Virtual field trips](#)
- ★ [The Louvre - Virtual tour](#)
- ★ [NASA Langley Research Center - Virtual tour](#)
- ★ [NASA Glenn Research Center - Virtual tours](#)
- ★ [Pergamon Museum \(Berlin, German\) - Virtual tour](#)
- ★ [The Smithsonian, National Museum of Natural History - Virtual tour](#)
- ★ [Vatican Museum - Virtual tour](#)

Resources For Library Staff

- ★ [ALSC \(Association for Library Service to Children\)](#) - open access until further notice
- ★ [Booklist Online](#) - full access until further notice
- ★ [Forest of Reading](#) - fully accessible to anyone (teachers, parents, students)
- ★ [School Library Journal](#) - full access until further notice